

## City of Unalaska Department of Parks, Culture and Recreation

\*Cover Photo: Missoula Children's Theater Performers

### **Aquatics Center**

Staff Contact Information 581-1649

Brina Lynch, Aquatics Center Manager bfraser@ci.unalaska.ak.us

### **Hours of Operation**

Monday, Wednesday Adult Lap Swim

5:30 a.m. - 7:00 a.m. Friday 12:00 p.m. – 1:00 p.m.

5:30 p.m. - 6:30 p.m.

Family Time

6:30 p.m. – 8:30 p.m.

Tuesday & Thursday CLOSED Saturday & Sunday

Family Time

2:00 p.m. – 5:00 p.m. Adults Lap Swim

5:00 p.m. – 6:00 p.m.

\*See Aquatic Section for More Details

## **Community Center**

### **Staff Contact Information** 581-1297

Jeff Hawley, Director jhawley@ci.unalaska.ak.us

D. Tyrell McGirt, Recreation Manager dtyrell@ci.unalaska.ak.us

Ben Bolock

**Facilities and Operations Manager** 

bbolock@ci.unalaska.ak.us

### **Hours of Operation**

Monday – Friday	6:00 a.m. – 10:00 p.m.
Saturday	8:00 a.m. – 10:00 p.m.
Sunday	12:00 p.m. – 7:00 p.m.

#### **FACILITY & ROOM RENTAL RATES**

Aquatics Center Mezzanine	\$ 20.00 Per Hour
Aquatics Center (Pool + Mezz) \$ 60.	00 Per Hour <i>Use of</i>
Slide with Rental	\$ 20.00 Per Hour
Two Hours Minimum	
Burma Road Chapel (with Kitchen)	\$ 40.00 Per Hour
Conference Rooms - (Community	\$ 20.00 Per Hour
Center & Library)	
Gymnasium	\$ 50.00 Per Hour
Inflatable Castle or Dragon	\$ 75.00 1st Hour
\$50.00 each additional hour	
Inflatable Obstacle Course	\$125.00 1st Hour
\$50.00 each additional hour	
Two week advance notice required	
Multipurpose Room	\$ 40.00 1st Hour
Includes tables, chairs, and audio visual	
\$25.00 each additional hour	
Kitchen	\$ 35.00 Per Hour
Multipurpose Room with Kitchen	\$ 60.00 Per Hour
Teen Room	\$ 30.00 Per Hour
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A \$50.00 refundable deposit is due at time of rental. The rental fee is waived for non-profit organizations registered with the City of Unalaska, other City of Unalaska departments, or the Unalaska City School District.

### **AOUATICS CENTER & COMMUNITY CENTER PASSES**

<u> </u>	<b>Aquatics Cente</b>	<u>er</u> Adult	<u>Family</u>
	(Ages 5 -18)	(Ages 19-54)	(Max 3 adults)
<b>Daily Admission</b>	on \$ 2.00	\$ 5.00	N/A
10 Punch Card	\$ 13.00	\$ 40.00	N/A
20 Punch Card	\$ 25.00	\$ 60.00	N/A
1 Month Pass	\$ 20.00	\$ 45.00	\$100.00
3 Month Pass	\$ 50.00	\$112.50	\$250.00
6 Month Pass	\$ 80.00	\$180.00	\$350.00
12 Month Pass	\$ \$120.00	\$270.00	\$600.00

Please call the Community Center for information about corporate membership rates.

Membership fees are waived for patrons ages four and under and 55 and over. All punch cards expire 12 months from issue date.

#### OTHER FEES

Gym Floor Tarps	\$50.00 Per Use
I.D. Card Replacement Fee	\$ 5.00
Lost Day Lock	\$ 5.00
Lost Towel	\$ 5.00
11x17 Posters	\$10.00
18x24 Posters	\$20.00
2 18x24 Posters	\$30.00
24x36 Posters	\$30.00

Aquatics Center Locker Rentals \$10.00 Per Month **Items Requiring a Refundable Deposit** 

Chairs \$ 1.00 A Chair Per Day **Tables** \$ 3.00 A Table Per Day

Portable Charcoal Grill \$20.00 Per Day **Snowshoes** \$10.00 Per Day



## Library

Staff Contact Information 581-5060

Dan Masoni, Librarian akunak@ci.unalaska.ak.us

### **Hours of Operations**

Monday - Friday 10:00 a.m.. - 9:00 p.m. Saturday & Sunday 12:00 noon - 6:00 p.m.



## Community Center Daily Gymnasium Schedule

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 a.m. 7:00 a.m. 8:00 a.m.		Adult Gym	Adult Gym	Adult Gym	Adult Gym	Adult Gym	CLOSED
9:00 a.m.	CLOSED	6:00 - 10:30	6:00 - 10:30	6:00 - 10:30	6:00 - 10:30	6:00 - 10:30	Adult / Teen Gym 8:00 – 9:30
10:00 a.m. 11:00 a.m.		Tot Time 10:30 - 12:00	Tot Time 10:30 - 12:00	Tot Time 10:30 - 12:00	Tot Time 10:30 - 12:00	Tot Time 10:30 - 12:00	
12:00 noon		Adult Gym 12:00 - 1:30	Adult Gym 12:00 - 1:30	Adult Gym 12:00 - 1:30	Adult Gym 12:00 - 1:30	Adult Gym 12:00 - 1:30	Wasth Carass
1:00 p.m.	Adult Gym /	Head Start 1:30-2:00	Head Start 1:30-2:00	Head Start 1:30-2:00	Head Start 1:30-2:00	Head Start 1:30-2:00	Youth Soccer League Games 10:00 - 6:00
2:00 p.m. 3:00 p.m. 4:00 p.m.	Possible Rental 12:00 - 3:00 Women's Basketball	Youth & Teen Gym 2:30 - 5:00	Youth & Teen Gym 2:30 - 5:00	Youth & Teen Gym 2:30 - 5:00	Youth & Teen Gym 2:30 - 5:00	Youth & Teen Gym 2:30 - 5:00	
5:00 p.m. 6:00 p.m. 7:00 p.m.	3:00 - 4:00 Family Gym 4:30 - 7:00	Adult Gym or Youth Soccer League Prac- tice 5:15 - 6:15	Adult Gym or Youth Soccer League Prac- tice 5:15 - 7:30	Adult / Teen Gym 6:00 - 10:00			
8:00 p.m. 9:00 p.m. 10:00 p.m.	CLOSED	Adult / Teen Gym or Adult Volleyball League 6:30 - 10:00	Adult / Teen Gym 7:30 - 10:00	Adult Basket- ball or Adult / Teen Gym 7:30 - 10:00	Adult Soccer or Adult /Teen Gym 7:30 - 10:00	Adult / Teen Gym 7:30 - 10:00	Adult / Teen Gym 6:00 - 10:00

<sup>\*</sup>All times are subject to change; contact the Community Center at 581-1297 with any questions about gym use times.



## **Aquatics Center**

#### AMERICAN RED CROSS PROGRAMS

#### 470701-01 Lifeguarding Course

This course is designed to train participants to work in a pool lifeguarding position. Full Take this opportunity to further develop your strokes and endurance during the off season. course includes: Lifeguarding, CPR / AED for Lifeguards and First Aid. The Lifeguard Course underwent a major update this past year, and the newest skills and sciences will be taught. Participation at each class meeting is required, no make-ups will be available. Please see flyer for specific meeting dates, times and subject. A thumb drive to receive all participant materials and photo id is required on the first day of class. Instructor: Brina Lynch

Dates: January 6 – 29

Days: Mondays & Wednesdays **Time:** 7:00 p.m. – 10:00 p.m.

Registration: December 1 – December 30 Late Registration: December 31 – January 6

Fee: \$100.00 **Late Fee:** \$125.00

**UCSD Swim Lesson** 

Instructors: Mrs. Wilma Adams & Mrs. Brina Lynch

**Grade Level:** Kindergarten – 4<sup>th</sup> Days: Mondays - Thursdays **Times:** 2:15 p.m. – 3:15 p.m.

**Date:** Mr. Andersen & Ms. Heimes 4<sup>th</sup> Grade Classes

Ms. O'Malley 3<sup>rd</sup> Grade Class Mrs. Lev 3<sup>rd</sup> Grade Class

Mrs. Ruckman 2<sup>nd</sup> Grade Class Mrs. Jeppesen 2<sup>nd</sup> Grade Class

Mrs. Scott 1<sup>st</sup> Grade Class Mrs. Andersen 1<sup>st</sup> Grade Class Mrs. Adams Kindergarten Classes

- AM Class 8:30 a.m. / PM Class 1:00 p.m.



Together, we can save a life

January 13<sup>th</sup> January 20<sup>th</sup> January 27<sup>th</sup> February 3<sup>rd</sup> February 10<sup>th</sup> February 17<sup>th</sup> February 24th March 3<sup>rd</sup>



#### **Sports**

#### 360706-01 Off Season JH / HS Stroke Clinic

This is a great clinic for junior high and high school swimmers, and any other student interested in swimming competitively. A little off season training could give you the edge you need next season! You do NOT need to be a part of the Raiders Swim team to participate.

Grades Level: 6<sup>th</sup> – 12<sup>th</sup>

Days: Mondays & Wednesdays Dates: January 13 - February 19 Time: 6:00 a.m. - 7:00 a.m.

Registration: December 1 – January 6 **Late Registration:** January 7 – 13

**Fee:** \$25.00 Late Fee: \$35.00

#### 360707-01 Youth Swim League

Prerequisite: Swim 25 yards front crawl with regular breathing and tread water

**Grade Level:** Kindergarten – 8<sup>th</sup> **Practice Days:** Mondays – Thursdays Practice Dates: March 3 – April 25

Meet Dates: Mini Meet: March 22 / Regular Meets: March 29, April 5, 12, & 19 Practice Times: Ages 8 & Under, Mondays & Wednesdays, 2:45 p.m. – 3:45 p.m.

Ages 9 & 10, Mondays & Wednesdays 3:45 p.m. – 4:45 p.m. Ages 11 & Older, Tuesdays & Thursdays 3:30 p.m. - 4:30 p.m.

Aging Date: March 22

Registration: December 1 – February 24 Late Registration: February 25 – March 2

Fee: \$80.00\* Late Fee: \$90.00\*

\*Includes: Swim Suit, Cap, & Goggles

Swim Suit Measurement Clinics: Measuring for boys' jammers and girls' one piece racing suits.

- Saturday, February 22<sup>nd</sup>, 2:00 p.m. – 4:00 p.m.

Friday, February 28<sup>th</sup>, 5:00 p.m. – 7:00 p.m.

**Youth Swim League Stroke Clinic:** March 10 – 14 More Information Coming Soon **Awards Ceremony and Pool Party:** Saturday, April 26<sup>th</sup>, 2:00 p.m. – 4:00pm

#### **Fitness**

#### **Water Fitness**

Join Cindy as she takes you through a series of exercises that are designed to work up a sweat! Cardio, strength, and toning are just some of the ways this water exercise class will get you into shape! Instructor: Cindy Stein-Easton

**Ages:** 16 & up

Days: Mondays, Wednesdays, & Fridays

**Time:** 5:15 p.m. – 6:30 p.m. Fee: Daily Admission

## **Aquatics Center**

#### **Ongoing Aquatic programs**

#### **Tot Time Swim**

We have a special time set aside for Unalaska's littlest swimmers and their families! Join the Aquatics Center staff for an hour of splish-splashin' in the pool! Children in this age group are required to have a parent in the water with them at all times. Children 3 and under must wear a swim diaper.

Age: 6 Months – Kindergarten

Day: Wednesdays

Time: 11:00 a.m. - 12:00 noon

No Fee

#### **Friday Splash**

Every Friday throughout the school year, celebrate your "early out" at the Aquatics Center! Bring your friends and jump in!

Grade Level: Kindergarten – 12 (5 year olds must be accompanied by a guardian on the deck)

Day: Fridays

**Times:** 2:30 p.m. – 3:30 p.m.

No Fee

#### **Special Events & Promotions**

#### **Healthy Heart Month Promotion**

February is Healthy Heart Month! Stay active all month long, with our Aquatics Center specials. Adults and youth are welcome to participate.

Saturday, February 1 Buy one, get one free! Adult or Teen / Youth daily visit only.

Passes are excluded. Same time admission.

Saturday, February 8 Find an article about how swimming keeps you healthy, print it,

bring it to the lifeguard staff, and receive free admission.

Saturday, February 15 Buy one, get one free! Adult or Teen / Youth daily visit only.

Passes are excluded. Same time admission.

Saturday, February 22 With your admission (daily visit or PCR pass) receive a voucher

for a free future visit.

#### 470708-01 Mother Son Swim

Mother and sons of all ages are welcome to join the Aquatics Center in an active evening. Swimming, water games, and refreshments await you, as you plunge into your own special hangout time!

Ages / Grade Level: All

**Day:** Sunday **Dates:** February 16

Time: 5:00 p.m. – 7:00 p.m. Location: Aquatics Center

**Registration:** December 1 – February 9 **Late Registration:** February 10 – February 16

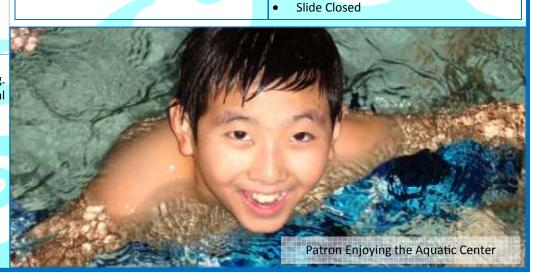
Fee: \$10.00 / Mom, Sons No Fee

Late Fee / Tickets at the Door: \$20.00 / Mom, Sons No Fee

### **Aquatics Center Hours of Operation**

5:00 p.m.-6:00 p.m.

	Aquatics center flours of operation	
	Weekdays (Mondays, V	Nednesdays, & Fridays)
	5:30 a.m.—7:00 a.m.	<ul> <li>Adult Hours—Ages 16 &amp; Up</li> <li>Four Lanes for Lap Swimming</li> <li>Slide Closed</li> </ul>
	12:00 p.m.—1:00 p.m.	<ul><li>Adult Hours—Ages 16 &amp; Up</li><li>Four Lanes for Lap Swimming</li><li>Slide Closed</li></ul>
	5:00 p.m.—6:30 p.m.	<ul> <li>Adult Hours—Ages 16 &amp; Up</li> <li>Four Lanes for Lap Swimming</li> <li>Slide Closed</li> <li>Water Fitness Begins 5:15 p.m.</li> </ul>
	6:30 p.m.—8:30 p.m.	<ul> <li>Family &amp; Youth Swimming</li> <li>Slide Open (6:30 p.m.—7:00 p.m.)</li> <li>Two Lanes for Lap Swimming</li> </ul>
_	Tuesdays & Thursdays	CLOSED
	Weekends (Satur	rdays & Sundays)
	2:00 p.m.—5:00 p.m.	<ul> <li>Family &amp; Youth Swimming</li> <li>Slide Open (2:00 p.m4:00 p.m.)</li> <li>Two Lanes for Lap Swimming</li> <li>Mezzanine Available for Rental</li> </ul>



Adult Hours—Ages 16 & Up

Four Lanes for Lap Swimming

### Arts & Culture

#### **Art Programming**

#### 420215-01 After School Art

each week and give you the opportunity to complete several art projects. This is a great chance to explore your creative side! Minimum: 4 / Maximum 10 Instructor: Albert Burn-

**Grade Level:** 4<sup>th</sup> – 6<sup>th</sup>

Day: Tuesday Dates: March 4 - 25

Time: 3:30 p.m. - 4:30 p.m.

**Location:** Community Center Art Room Registration: December 1 – February 24 Late Registration: February 25 – March 3 **Fee:** \$10.00 Late Fee: \$20.00

#### 470216-01 Metal Clay Jewelry

If you have never heard of PMC you are not alone. This is a newly developed method being used by jewelry artisans and craftspeople to create fine metal jewelry using material as workable as clay. In this class you will learn how PMC works and get to create your own unique small jewelry pieces that when fired become completely solid 99% pure bronze creations. Each participant will receive a 100g package of PMC for project use. Minimum: 3 / Maximum

8 Instructor: Jennifer Lane

Ages / Grade Level: 9<sup>th</sup> Grade – Adults

Days: Tuesdays and Thursdays

Dates: February 4 – 27 Time: 6:00 p.m. - 7:00 p.m.

**Location:** Community Center Art Room Registration: December 1 – January 27 Late Registration: January 28 - February 3

Registration Fee: \$35.00 Late Registration Fee: \$45.00

#### 470217-01 The Art of Batik

Batik is an ancient fine art medium that is fun even for those that might not consider themselves artists. Batik involves using wax and dye to create a picture on a silk canvas. The class is open to all regardless of artistic ability. This class includes all the materials you will need to complete two pieces, additional pieces may be completed but materials must be purchased on your own. Instructor: Albert Burnham

Age / Grades Level: 9<sup>th</sup> Grade – Adult

Day: Thursdays

Dates: January 23 – February 13

**Time:** 7:30 - 9:30 p.m.

**Location:** Community Center Art Room Registration: December 1 – January 16 Late Registration: January 16 – 23

**Fee:** \$40.00 **Late Fee:** \$50.00

#### **Introduction to Traditional Art**

We have an art class designed just for you,  $4^{th} - 6^{th}$  graders. We will focus on a new medium Join us at the Community Center for a series of traditional art classes including drawing, oil pastels, and watercolor that will incorporate still life, portraits, and landscape projects. Minimum: 3 / Maximum: 10 Instructor: Kristine Asuncion

420220-01 For Kids

Grade Level: 1<sup>st</sup> – 4<sup>th</sup>

Program Dates: February 3 - March 10

**Days:** Mondays

Time: 3:30 p.m. - 4:30pm

**Location:** Community Center Art Room Registration: December 1 – January 27 Late Registration: January 28 – February 3

**Fee:** \$10.00 Late Fee: \$20.00

420221-01 For Youth **Grade Level:** 5<sup>th</sup> – 8<sup>th</sup>

**Program Dates:** February 5 – March 12

Days: Wednesdays

**Time:** 4:30 p.m. – 5:30 p.m.

Location: Community Center Art Room Registration: December 1 – January 29 Late Registration: January 28 - February 5

**Fee:** \$10.00 Late Fee: \$20.00

440222-01 For Adults

**Age / Grade Level:** 9<sup>th</sup> Grade – Adult **Program Dates:** February 7 – March 14

**Days:** Fridays

**Time:** 6:30 p.m. – 8:00 p.m.

**Location:** Community Center Art Room Registration: December 1- January 31 **Late Registration:** February 1 – 7 **Fee:** \$15.00 **Late Fee:** \$25.00

# After School Art Class Participant s

### 420219-01 Multicultural Art for Kids

Come and explore the roots, rhythms, designs, and traditions found in the art and artifacts from the far corners of the earth. We will create our own wonderful arts and crafts and grow to understand one another by experiencing the unique artistic expressions nurtured in cultures different from your own. Minimum: 3 / Maximum: 10 Instructor: Andrew Miller

**Grade Level:** 1<sup>st</sup> – 3<sup>rd</sup> Grades

Days: Thursdays Dates: April 3 - May 1 Time: 3:30 p.m. - 4:30 p.m.

Location: Community Center Multipurpose Room

Registration: December 1 – March 27 Late Registration: March 28 - April 3

**Fee:** \$10.00 Late Registration Fee: \$20.00

### Find us on the Web: www.ci.unalaska.ak.us/parksrec - Like us on Facebook



#### **Dance Programming**

#### 440218-01 Latin Dance Class for Couples

Come explore the Latin roots of dance. Couples are encouraged to participate in dance classes that highlight some of Latin America's most popular dances. Dances include the chachacha, salsa, samba, mambo, merengue, and many more! We will showcase dance skills during the Cinco de Mayo celebration in Burma Road Chapel May 4. Minimum: 3 / Maximum: 20

Instructor: Yudelka LeClere / Contact Person: Andrew Miller

Age / Grade Level: 18 & Up

**Day:** Sundays **Dates:** February 23 – April 27

**Time:** 5:00 p.m. – 6:00 p.m.

**Location:** Community Center Multipurpose Room

Registration: December 1 – February 16
Late Registration: February 17 – 23

Fee: \$20.00 / Couple Late Fee: \$30.00 / Couple

#### **Music Programming**

#### 470210-01 Beginner Guitar Lessons

This class is designed for those who want to learn how to play acoustic guitar. We will run through basic techniques / rhythms / chords and explore all areas of playing guitar. Through this six-week course you will gain all the basic tools and knowledge of the guitar playing. Must bring your own guitar. Minimum: 3 / Maximum: 10 Instructor: Andrew Miller

**Age / Grade Level:** 5<sup>th</sup> Grade – Adults

**Day:** Wednesdays **Dates:** January 8 – February 12

**Time:** 6:00 p.m. – 7:00 p.m.

**Location:** Community Center Music Room **Registration:** December 1 – January 2 **Late Registration:** January 3 – 8

Fee: \$20.00 Late Registration Fee: \$30.00

#### 470219-01 Island Drum Masters

For those with a little more experience in hand drumming or those just getting started, this class is for you. We will work on fun and creative rhythms and develop the skills needed to play in the island's drum circle. We will perform at the Appreciation Banquet April 25<sup>th</sup>! Djembe drums and other auxiliary percussion instruments will be used. All talent levels are welcomed and encouraged to participate. Minimum: 3 / Maximum: 10 Instructor: Andrew Miller

**Age / Grade Level:** 9<sup>th</sup> Grade – Adults

**Day:** Thursdays **Dates:** March 6 – April 24

**Time:** 6 p.m. – 7:00 p.m.

**Location:** Community Center Music Room **Registration:** December 1 – February 27 **Late Registration:** February 28 – March 5

Fee: \$10.00 Late Registration Fee: \$20.00

#### **Culture / Entertainment / Theater**

#### 370607-01 Cinco de Mayo Celebration

Come celebrate Cinco de Mayo this year with the PCR! Burma Road Chapel will be transformed into a Latin American themed celebration with food, music, and of course dance!

Coordinator: Andrew Miller

Age / Grade Level: All

Day: Sunday Date: May 4
Time: 2:00 p.m. – 4:00 p.m.
Location: Burma Road Chapel

No Fee

#### 360606-01 Missoula Children's Theater

Missoula Children's Theatre (MCT) strives to reach out to youth from all backgrounds and communities in an effort to develop life skills through the participation in performing arts. Join the internationally acclaimed MCT in this year's production of PINOCCHIO! Contact Person: Andrew Miller

**Grade Levels:** Kindergarten – 12<sup>th</sup>

Days: Monday – Saturday Dates: April 28 – May 3 Times: 3:30 p.m. - 8:30 p.m.

**Location:** UCSD High School Big and Small Gymnasiums

Registration: December 1 – April 21 Late Registration: April 22 – April 28 Fee: \$10.00 Late Fee: \$20.00

**Auditions:** Monday April 28<sup>th</sup>, 3:30 p.m., Community Center Gymnasium. Students not present promptly at 3:30 p.m. will be unable to audition. Auditions do not guarantee a role in the production. If selected to participate in the production attendance at all practices is mandatory.

Show Date: Saturday, May 3<sup>rd</sup>, 4:00 p.m. and 6:30 p.m.

Show Tickets: \$5.00 Students / \$10.00 Adults / No fee for Seniors and Kids Pre-K and under

### 370608-01 Unalaska's Got Talent: Auditions and City Wide Talent Show

Do you have a special talent? Can you sing, dance, act, play an instrument, or perform? Showcase your talents at this year's city wide talent show. Compete for the top honor of Unalaska's most talented act in this year's city wide talent show! The community, along with a special panel of judges, will vote for the acts that will be crowned top performers! Minimum: 4 Acts Contact Person: Andrew Miller

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Age / Grade Level: All

Day: Friday

**Dates:** January 17 – Auditions / January 31 – Talent Show

Time: 6:00 p.m. - 8:00 p.m.

Location: Burma Road Chapel – Auditions / Community Center Gymnasium – Talent Show

**Registration:** December 1 – January 10 **Late Registration:** January 11 – January 17

Fee: \$10.00 for Single Acts / \$20.00 for Group Acts

Late Registration Fee: \$20.00 for Single Acts / \$30.00 for Group Acts

## Fitness / Sports / Wellness

#### Fitness

#### 470322-01 Exercise Ball Class

Come get in a great workout for your core by attending our Exercise Ball Class. Join personal

trainer Elizabeth Johnson for this exciting new class!

Age / Grade Level: 9<sup>th</sup> Grade - Adults

Days: Tuesdays and Thursdays Dates: January 14 – February 27

**Times:** 7:35 p.m. – 8:35 p.m.

**Location:** Community Center Multipurpose Room **Fee:** General Admission

#### **Fitness Center Orientations**

PCR encourages youth to utilize the department's fitness centers at both the Aquatics Center and Community Center. Youth ages 10-12 may utilize centers while accompanied by a parent or guardian and youth ages 13-15 may utilize centers unaccompanied. A one-time mandatory orientation with PCR staff is required. Orientations will show patrons, youth and adults, how to stay safe using fitness equipment, review all rules for the facilities, demonstrate how to properly adjust, program, and sanitize equipment, and explain fitness center etiquette. Please contact Nick Cron with questions.

Ages: 10 – Adult

Days: First Monday of Each Month

Dates: January 6, February 3, March 3, April 7, and May 5

**Time:** 4:00 p.m.

**Location:** Meet in the Community Center Lobby **Fee:** No Fee

#### 460312-01 Homeschool Fitness

This class is designed to give home schoolers the opportunity to engage in an educational

fitness program. Instructor: Nick Cron Grade Level: Kindergarten – 12<sup>th</sup> Grade

**Days:** K – 5<sup>th</sup> Grade: Mondays & Wednesdays

6<sup>th</sup> – 12<sup>th</sup> Grade: Tuesdays & Thursdays

Dates: January 20 – March 13

**Times:** K – 5<sup>th</sup> Grade: 1:00 p.m. – 1:45 p.m. 6<sup>th</sup> – 12<sup>th</sup> Grade: 1:00 p.m. – 2:00 p.m.

**Location:** Meet at the Community Center Lobby

Registration: December 1 – January 13 Late Registration: January 14 – 20

Registration Fee: \$40.00 Late Registration Fee: \$40.00

#### Zumba

If you are looking for a fun way to get an aerobic workout, come and join us for Zumba!

Zumba combines Latin Dance and aerobic exercise so it is a great way to get into shape and

learn some fun dance moves! Instructor: Sandra Montoya

Age / Grade Level: 9<sup>th</sup> Grade – Adults

Days: Mondays, Wednesdays, and Fridays

**Dates:** March 3 – May 30 **Time:** 6:45 p.m. – 7:45 p.m.

**Location:** Multipurpose Room Fee: General Admission

#### Races

#### 370609-01 Polar Bear Run

The Polar Bear Run is the kickoff race for our 2014 race season. Test your metal against the cold snowy weather in our annual 5K run!

In order to make the check-in process smoother we are offering a \$5.00 coupon to be applied to a future race or as a Daily Visit Punch Pass for checking in at the community Center on Saturday February 22<sup>nd</sup>. To receive your coupon, simply stop by the Community Center and pick up your race packet at any time on Saturday the 22<sup>nd</sup>. Race Coordinator: Albert Burnham

**Ages / Grade Level:** 1<sup>st</sup> Grade – Adult **Day:** Sunday **Dates:** February 23

**Location:** Front Beach Road

Registration: December 1 – February 16

Fee with Sweatshirt: \$35.00 Late Fee with Sweatshirt: \$45.00 Check-In: 1:00 p.m. Race Start: 1:30 p.m.

Late Registration: February 17 – 23
Fee without Sweatshirt: \$10.00
Late Fee without Sweatshirt: \$20.00



### **Adult Sports**

#### 340323-01 Adult Basketball League

Contact Person: Nick Cron

Age / Grade Level: 9th Grade - Adults

Days: Wednesdays

**Dates:** January 15 – March 19 **Time:** 6:30 p.m. – 10:00 p.m.

**Location:** Community Center Gymnasium **Registration:** December 1 – January 3 **Late Registration:** January 4 – January 10

Fee: \$425.00 Late Fee: \$435.00

**Tournament Date:** March 22

**Tournament Location:** Community Center

Gymnasium

**Tournament Time:** 6:30 p.m.

#### 340324-01 Adult Soccer League

Contact Person: Nick Cron

**Age / Grade Level:** 9<sup>th</sup> Grade - Adults

**Days:** Thursdays

**Dates:** March 27 – May 29 **Time:** 6:30 p.m. – 10:00 p.m.

**Location:** Community Center Gymnasium **Registration:** December 1 – March 14 **Late Registration:** March 15 – 21

Fee: \$225.00 Late Fee: \$235.00

**Tournament Date:** May 31

**Tournament Location:** Community Center

Gymnasium

Tournament Time: 12:00 noon

## Fitness / Sports / Wellness

#### **Youth Sports**

370325-01 Youth Soccer League

Coordinator: Nick Cron

**Grade Level:** Kindergarten – 8<sup>th</sup> Grade **Practice Days:** Mondays – Fridays *Each team will practice one day a week* 

Game Days: Saturdays

Practice Dates: January 6 – February 28
Game Dates: January 11 – March 1

**Practice Times:** 5:15 p.m. – 6:15 p.m. or 6:30 p.m. – 7:30 p.m.

Game Times: 10:00 a.m. – 5:00 p.m.

Location: Community Center Gymnasium

Registration: December 1 – December 29

Late Registration: December 30 – January 5

Fee: \$30.00 Late Fee: \$40.00

**Dodgeball** 

Come Duck, Dip, Dive, and Dodge over at the Community Center. Coordinator: Nick Cron

**Grade Level:** 5<sup>th</sup> – 12<sup>th</sup> **Days:** Tuesdays

Dates: January 14 – February 18

**Location:** Community Center Gymnasium

**Time:** 3:30 p.m. – 4:30 p.m.

Fee: No Fee

**Hershey Track and Field** 

**Coordinator:** Nick Cron **Grade Levels:**  $3^{rd} - 6^{th}$  Grade

**Practice Days:** 3<sup>rd</sup> – 4<sup>th</sup> Grade: Mondays – Fridays

5<sup>th</sup> – 6<sup>th</sup> Grade: Tuesdays and Thursdays

Practice Dates: April 14 – May 9

**Practice Times:** 3<sup>rd</sup> & 4<sup>th</sup> Grades: TBD in accordance with UCSD school schedule

**Practice Times:** 5<sup>th</sup> & 6<sup>th</sup> Grades: 3:30 p.m. – 4:30 p.m. Meet in Community Center Lobby

Final Meet: May 14<sup>th</sup>

Locations: Eagle's View Elementary School, Community Center Gymnasium, & Kelty Field

No Fee

260321-01 Youth Wrestling Clinic

Learn a new skill or build on what you already know. Girls are encouraged to participate.

**Grade Levels:** Kindergarten – 8<sup>th</sup>

Days: Mondays, Wednesdays, & Fridays

Dates: April 28 – May 23

Location: UCSD Small Gymnasium
Time: 6:00 p.m. – 7:00 p.m.
Registration: December 1 – April 21
Late Registration: April 22 – 28
Fee: \$10.00
Late Fee: \$20.00

#### 370326-01 NYO for Kids

All kids between Kindergarten and 5<sup>th</sup> grade are welcome to sign up for our Native Youth Olympics (NYO) Clinic. Instructor, Steven Gregory, is excited to be teaching youth fun Alaskan skills!

**Grade Level:** Kindergarten – 5<sup>th</sup> Grade

Days: Tuesdays and Thursdays
Dates: April 29 – May 22
Times: 6:00 p.m. – 7:00 p.m.
Location: UCSD Small Gymnasium
Registration: December 1 – April 22
Late Registration: April 23 – 29

Fee: \$10.00 Late Fee: \$20.00

#### Wellness

#### **Blood Pressure Checks**

Keep tabs on your health by checking your blood pressure! Plus a certified nurse from IFHS will be available to answer any health related questions you might have.

Age / Grade Level: All

Days: First Tuesday of Each Month

Dates: January 7, February 4, March 4, April 1, and May 6

**Time:** 4:00 p.m. – 6:00 p.m. **Location:** Community Center Lobby

No Fee



## Kid's Programming

#### **Tot Time**

Come to the gym with your toddlers for some fun with other tots and parents. Coordinator:

**Carlos Tayag** 

Age: New Born – 5

Days: Mondays – Fridays

Dates: January 2 - May 30, No Tot Time May 26

Time: 10:30 a.m. – 12:00 noon

**Location:** Community Center Gymnasium

No Fee

#### **Afterschool Drop-In Program**

Head to the Community Center afterschool for organized games and fun! Recreation Coordi-

nators: Albert Burnham, Nick Cron, Jennifer Lane, and Andrew Miller

Grade Level: 1<sup>st</sup> – 4<sup>th</sup>

**Days:** Mondays – Thursdays (Fridays check out the Aquatic Center for Friday Splash!)

Dates: January 8 – May 30

No ASDIP March 10 – 14 & May 26

Time: Directly after school until 3:15 p.m. (catch the bus to PCR, catch it home at 3:15)

**Location:** Community Center Gymnasium

No Fee

#### 420405 KinderCamp

Children can enjoy group games, arts and crafts, playtime, and engage in wide variety of hands-on learning experiences. Students are picked up from Eagle's View Elementary School and transported back to catch the bus home. Snacks provided. Instructor: Carlos Tayag

**Grade Level:** Kindergarten **Days:** Mondays – Fridays **Dates:** January 8 – May 30

NO KinderCamp March 10 - 14 & May 26

Time: 1:00 p.m. - 2:15 p.m.

Location: Community Center Kids' Room

Registration Dates: Rolling Registration, Check for Openings

Fee: \$89.00 Monthly

#### **420401 After School Program**

Children can enjoy group games, arts and crafts, playtime, and engage in a wide variety of hands-on learning experiences. Students are transported from Eagle's View Elementary School to the Community Center, to be picked up by parents or guardians by 6:00 p.m. Snack

Provided. Instructor: Carlos Tayag

Grade Level: 1<sup>st</sup> – 4<sup>th</sup>

Days: Mondays – Fridays
Dates: January 8 – May 30
\*No ASP March 10 – 14 & May 26

Time: 2:30 p.m. – 6:00 p.m.

Location: Community Center Kids' Room

Registration Dates: Rolling Registration, Check for Openings

Fee: \$215.00 Monthly

#### **120404 Day Camps**

PCR offers a day camp during UCSD closures for games, fieldtrips, arts and crafts, sports, and

more. Instructor: Carlos Tayag

Grade Level: 1<sup>st</sup> – 4<sup>th</sup>

Days: Monday – Friday

**Dates:** March 10 – 14 and April 10 & 11

**Time:** 7:30 a.m. – 5:30 p.m.

**Location:** Community Center Kids' Room **Registration Dates:** March 3<sup>rd</sup> – 10<sup>th</sup>

Fee: \$30.00 Daily - Fee waived for participants in the ASP

#### 420406-01 Young Chefs- Cooking for Kids

A cooking class designed for children to learn the basics of cooking in a safe environment that encourages discovery and creativity. Children will learn food preparation skills and techniques from instructor Andrew Miller. Bring an empty stomach because this is a class that

allows you to eat what you create! Minimum: 3 / Maximum: 10

Grade Level: 1<sup>st</sup> – 3<sup>rd</sup>

Day: Thursdays

**Dates:** February 20 – March 27 **Time:** 3:30 p.m. – 4:30 p.m.

Location: Community Center Multipurpose Room and Kitchen

Registration: December 1 – February 13
Late Registration Dates: February 14 – 20

Fee: \$10.00

**Late Registration Fee: \$20.00** 



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#### 410407-01 Toddler Pottery

Little ones learn through touch. Nurture your tot's natural curiosity by participating with him Come enjoy a simple and beautiful nature inspired craft. Instructor: Jennifer Lane or her in Toddler Pottery. We will learn to press, mold, roll, knead, and shape clay. Children and their parents will work together to complete several small projects throughout the course. Please wear clothing that you do not mind getting dirty and stained. Minimum: 3 /

Maximum: 8 Instructor: Jennifer Lane

Ages: 2-5, child must be accompanied by an adult

**Days:** Tuesdays & Thursdays Dates: March 4th—27th **Time:** 6:00 p.m. – 7:00 p.m.

**Location:** Community Center Art Room Registration: December 1 – February 24 Late Registration: February 25 - March 3

**Registration Fee:** \$10.00 **Late Registration Fee:** \$20.00

#### 410408-01 Parent and Child Gooey Art

Sign up now to take advantage of this opportunity to spend quality time with your child creating beautiful (and of course messy!) works of art. We will be exploring the mediums of paint, dough, shaving cream, and more! Children must be accompanied by an adult. Please wear clothing that can get messy. Minimum: 3 / Maximum: 8 Instructor: Jennifer Lane

Ages: 2-5, child must be accompanied by an adult

**Days:** Tuesdays and Thursdays

Dates: April 1-24

Time: 6:00 p.m. - 7:00 p.m.

**Location:** Community Center Art Room Registration: December 1 - March 24 Late registration: March 25 - March 31

**Registration Fee:** \$10.00 **Late Registration Fee:** \$20.00

#### **Bounce House**

Bring the whole family out to enjoy the inflatable filled gym. Bounce houses are open to kids 5<sup>th</sup> grade and younger and their adults. Kids must be accompanied by an adult.

Grade Level: 5<sup>th</sup> Grade & Younger and Parents

Day: Sundays

Date: January 5 & May 11

January 5<sup>th</sup> – Family Bounce Relays: Compete in bounce house relays. Try to set records as a family / team in various competitions throughout the event at this fun filled bounce house

event!

May 11<sup>th</sup> - Super Bounce: Not only will we have the inflatables set-up we will also have thousands, yes thousands, of bouncy balls on hand to see what the gymnasium looks like when we kick the bounce power up to the max!

**Time:** 2:00 p.m. – 4:00 p.m.

**Location:** Community Center Gymnasium

No Fee

#### 420204-01 Basket Weaving

Grade Level: 2<sup>nd</sup> – 6<sup>th</sup>

**Days:** Tuesdays & Thursdays **Dates:** May 6 – 22

**Time:** 4:00 p.m. – 5:00 p.m.

**Location:** Community Center Art Room **Fee:** \$10.00 Late Registration: \$20.00



## Leisure Activities & Teen Programming

#### **Adult Leisure Activities**

#### 440507-01 Adult Archery

Adults, here is your chance to participate in an archery class. Archers of all skill levels are The City of Unalaska is participating in the Alaska Shield 2014 Mock Disaster Event taking welcome. We have bows available or you may bring your own. If you are bringing your own equipment it must be inspected by the instructor prior to the start of class. Minimum: 3 /

Maximum: 10 Instructor: Albert Burnham **Age / Grades Level:** 9<sup>th</sup> Grade – Adults

**Day:** Tuesdays Dates: April 8 – 29

**Time:** 8:00 p.m. – 9:00 p.m. **Location:** Community Center Gymnasium

Registration: December 1<sup>st</sup> – April 1 Late Registration: April 2 – 8

**Fee:** \$10.00 Late Fee: \$20.00

#### **Family Leisure Activities**

#### 470508-01 Discover Photography

This class will help you deepen your knowledge of photography. Whether you are a seasoned expert or just a beginner we will present material that will be beneficial to everyone and provide you with a chance to meet other area photography lovers and explore this wonderful art together. You must have a camera for this class, DSLR's are preferred but not re-

quired. Instructor: Albert Burnham

Age / Grade Level: All, 6<sup>th</sup> grade and under must be accompanied by an adult.

**Days:** Thursdays Dates: March 6 – 27

**Time:** 7:00 p.m. – 8:30 p.m. **Location:** Community Center Conference Room

No Fee

Burnham

#### **Family Movie Night**

Enjoy a night at the movies with your family. We will show one child-friendly rated G or PG movie at 7:30 p.m. and a PG-13 movie for the teens and adults at 9:30 p.m. There will be popcorn and the movie will be played on a large theater style screen. Facilitator: Albert

Ages: All **Day:** Saturday Date: January 25

Time: First Movie – 7:30 p.m. / Second Movie – 9:30 p.m.

**Location:** Community Center Gymnasium

**No Fee** / A community group may be selling concessions

#### 470510-01 Big Spring Campout

Join PCR staff at Kelty field to campout with the entire community and sleep under the stars. Bring your family, a tent, and sleeping bags. We will provide the campfire, smores, stories and even breakfast in the morning! Contact Person: Carlos Tayag

Age / Grade Level: All

Day: Saturday **Date:** May 24 & 25 **Time:** 9:00 p.m. – 9:00 a.m. **Location:** Kelty Field Fee: \$5.00 / Participant or \$25.00 / Family Late Fee: \$15.00 / \$35.00

#### **Disaster Relief**

#### **Disaster Relief Training**

place during the month of March. The event is a statewide exercise in practicing emergency preparedness. In order to prepare for the event the American Red Cross and the City of Unalaska will offer Red Cross training courses from January 22<sup>nd</sup> - January 24<sup>th</sup>, limited spaces available. Contact Person: Ben Bolock

#### **Sheltering Fundamentals**

This course is designed for individuals to learn about Red Cross policies and procedures for setting up, running, and closing a shelter during a disaster. The course includes lecture and group exercises. The purpose is to train Red Cross volunteers and other agencies and community leaders the necessary tools to operate a shelter. This course is recommended as a prerequisite to Sheltering Table Top Exercise

**Ages:** 18 & Up **Day:** Thursday Date: January 23

**Time:** 9:00 a.m. – 12:00 p.m. or 5:00 p.m. – 8:00 p.m.

**Location:** Public Safety Conference Room Registration: December 1 – January 22

No Fee

#### **Sheltering Table Top Exercise**

This is a table-stop style class that will engage participants in creating a simulated shelter and work together as a team to successfully open, operate, and close a Red Cross shelter.

**Ages:** 18 & Up

Days: Thursday or Friday Date: January 23 or January 24 Time: 1:00 p.m. - 3:00 p.m.

**Location:** Public Safety Conference Room Registration: December 1 – January 22

No Fee

#### **Psychological First Aid**

The course provides a framework for understanding the factors that affect stress responses in disaster relief workers and the clients they serve. In addition, it provides practical suggestions about what you can say and do as you practice the principles of Psychological First Aid.

**Ages:** 18 & Up Day: Friday Date: January 24

Time: 9:00 a.m. - 12:00 p.m.

**Location:** Public Safety Conference Room Registration: December 1 – January 23

No Fee

## Leisure Activities & Teen Programming

#### **Kid's Leisure Activities & Teen Programming**

#### 420508-01 Master Catan

Learn the basics of game play and some more advanced strategies. Spend lots of time play-

ing this highly addictive and challenging game! Instructor: Albert Burnham

**Grade Level:** 4<sup>th</sup> – 6<sup>th</sup> **Days:** Mondays

**Dates:** January 27 – February 17 **Time:** 3:30 p.m. – 5:00 p.m.

Location: Community Center Conference Room

Registration: December 1 – January 20

No Fee

#### **Valentine Rose Contest**

Students, this is your chance to thank a special person in your life by writing a short letter (150 words or less) detailing what it is that makes this person important to you. Think of the parents, teachers, mentors, friends, and family members that help you every day in both big and little ways. Essays will be judged and prizes will be delivered by the student authors to their recipient on Valentine's Day

**Grades:** Kindergarten – 12<sup>th</sup>

Essay Due By: Friday, February 7<sup>th</sup> by 6:00 p.m. to Jennifer Lane at the Community Center

**Prizes Delivered Valentine's Day** 

No Fee

#### 460505-01 Competitive Youth Archery

In this class we will learn the basics of archery and move quickly to advanced form and accuracy instruction. We will hold an indoor archery tournament at the end of the program. Younger archers may be admitted with coach approval. Minimum: 3 / Maximum: 10 Coach:

Albert Burnham

Grade Level: 4<sup>th</sup> – 12<sup>th</sup>

Fee: \$10.00

Day: Wednesdays Dates: February 19 – March 26

Time: 3:30 p.m. – 4:30 p.m. Location: Community Center Gymnasium

**Registration:** December 1 – February 12 Late Registration: February 13 – 19

Late Fee: \$20.00

**Tournament Date:** March 29 **Tournament Time:** 6:30 p.m. – 8:30 p.m.

#### 420509-01 Youth Photography

This class will help 4<sup>th</sup> – 6<sup>th</sup> graders learn the art of photography. We will go over camera basics and learn about various types of photography. Participants must have their own digital camera, point and shoots are acceptable but camera phones are not permitted. Mini-

mum: 3 / Maximum: 10 Instructor: Albert Burnham Grade Level: 4<sup>th</sup> – 6<sup>th</sup>

Day: Mondays
Dates: April 7 – 28

Time: 3:30 p.m. – 4:30 p.m. Location: Community Center Conference Room

**Registration:** December 1 – March 31 Late Registration: April 1 – 7

Fee: \$10.00 Late Fee: \$20.00

#### **Teen Council**

Today A Teen, Tomorrow A Leader. Are you a driven teen? Take this opportunity to serve your community by working with your friends and peers on the PCR Teen Council. As a council member you will be involved in evaluating the needs and desires of this community, planning and hosting special events, learning valuable skills and knowledge that will help you in school and work, and belong to a fun group of young people who are passionate about helping those around them. For more information and to pick up an application, please see Jennifer at the Community Center.

\*Look for more information on the upcoming Midnight Madness and additional Teen Programming from Teen Council.



## Special Events

#### Annual Unalaska Martin Luther King, Jr. Celebration

Join us in celebrating the diversity of our community and the hard-work and sacrifice of those who have sought to unify our nation. The event will feature cultural performers and

speakers from our community. Contact Person: Andrew Miller

Ages: All

Day: Monday

Date: January 20

**Time:** 7:00 p.m. – 9:00 p.m.

**Location:** Community Center Gymnasium

No Fee

#### **370**610-01 Father Daughter Valentine's Day Dance

Dads, here is your chance to show your daughters just how special they are! All dads and daughters are welcome no matter how old. There will be music, dancing, refreshments, games, and a time of sharing for both dads and daughters. Contact Person: Albert Burnham

Ages / Grade Level: All

Day: Sunday

Dates: February 16

**Time:** 5:00 p.m. – 7:00 p.m.

Location: Community Center Gymnasium
Registration: December 1 – February 9
Late Registration: February 10 – February 16

Fee: \$15.00 / Dad, Daughters No Fee

Late Fee / Tickets at the Door: \$25.00 / Dad, Daughters No Fee

#### **Egg Hunt**

Here comes Peter Cotton Tail, hoppin' down the Bering Sea Trail. That's right ol' Peter Cotton Tail has hopped the whole way to Unalaska just to bring treats that will bring a smile

to your child's face. Contact Person: Albert Burnham

Age / Grade Level: New Born – 4<sup>th</sup> Grade

**Day:** Saturday **Dates:** April 19

**Time:** 2:00 p.m. – 4:00 p.m.

Egg Hunt Times: New Born – 3 Years Old 2:10 p.m. – 2:30 p.m.

4 – 5 Years Old 2:40 p.m. – 3:00 p.m. 6 – 7 Years Old 3:10 p.m. – 3:30 p.m. 8 – 10 Years Old 3:40 p.m. – 4:00 p.m.

**Location:** Community Center

Photo with Peter Cotton Tail: \$3.00

#### **Appreciation Banquet**

Join us as we throw a banquet to say thank you to the community and all the amazing volunteers that help make what we do at the PCR possible! All community members are welcome to attend. Contact Person: Albert Burnham

Day: Friday
Dates: April 25

**Time:** 6:30 p.m. – 8:30 p.m. **No Fee** 

#### 470603-01 Garage Sale

Got lots of stuff you would like to clean out of the house? Plan to participate in our Spring

Garage Sale! Contact Person: Albert Burnham

Age / Grade Level: All

Day: Saturday
Dates: April 26

**Time:** 11:00 a.m. – 1:00 p.m.

Setup Time: 9:00 a.m.

**Location:** Community Center Gymnasium

**Registration:** December 1 – April 18 **Late Registration:** April 19 – April 25

Fee: \$10.00 / Table Late Fee: \$20.00 / Table

#### **Community Clean-Up**

We live in a beautiful place but winters are hard and lots of trash accumulates on the sides of our roads and beaches. Here is your chance to take part in cleaning up some of this trash! Please contact the Community Center to let us know where you are cleaning up so we can keep track of sections of town that have been cleaned. As an incentive 18 prize tickets will be placed around town. If you find one of these tickets while cleaning up you can redeem it at the Community Center for a prize!

Ages: All

**Day:** Saturdays – Sundays

**Dates:** May 3 – 18

No Fee: Clean up bags available at select community locations and all PCR facilities.



## Unalaska Public Library

#### **Head Start Story Time**

Join the Unalaska Head Start program on Tuesdays each week for a special story time. We will

read stories about a specific theme.

Ages: 3 – 5 Year Old **Days:** Tuesdays

Dates: January 14 – May 27

Time: 1:00 p.m.

Location: Unalaska Public Library Children's Room

No Fee

#### **Story Time**

Bring your child to the library and enjoy a good book read by a community member.

Age / Grade Level: All

Day: Fridays

Time: 4:00 p.m. – 5:00 p.m. Location: Unalaska Public Library

No Fee

#### **Valentine Heart Contest**

Stop by the library to guess how many hearts are in the jar! Winners will be announced on

Valentines Day!

Age / Grade Level: All Day: Sunday - Saturday Dates: February 1 – 13

Time: Mondays – Fridays: 10:00 a.m. – 9:00 p.m. Saturdays & Sundays: 12:00 noon – 6:00 p.m.

Location: Unalaska Public Library

No Fee

#### Dr. Seuss Birthday Party

It's a Party! Join the Library staff to celebrate Dr. Seuss's 110<sup>th</sup> B<mark>irthday with cake and ice</mark>

cream.

Age / Grade Level: All

**Dates:** March 2 **Time:** 2:00 p.m. – 4:00 p.m.

Location: Unalaska Public Library

No Fee

#### **Egg Guess Contact**

Stop by the library to guess how many Easter candy eggs are in the jar! Winners will be an-

nounced on Easter Sunday!

Age / Grade Level: All Dates: April 13 – 19

Time: Mondays – Fridays: 10 a.m. – 9:00 p.m.

Saturdays & Sundays: 12:00 noon – 6:00 p.m.

**Location:** Unalaska Public Library

No Fee

#### **Scrabble Tournament**

Come test your vocabulary skills and join us for the 4<sup>th</sup> Annual Unalaska Public Library Scrab-

ble Tournament. Players of all skill levels are welcome to participate.

Age / Grade Level: 9<sup>th</sup> Grade – Adults

Day: Saturday
Dates: April 12

**Time:** 12:00 noon – 6:00 p.m.

**Location:** Unalaska Public Library Conference Room

No Fee



#### **Lifeguarding Course**

This course is designed to train participants to work in a pool lifeguarding position.

Off Season JH / HS Stroke Clinic

Take this opportunity to further develop your strokes and endurance during the off season.

**Water Fitness** 

Join Cindy as she takes you through a series of exercises that are designed to work up a sweat!

**Tot Time Swim** 

We have a special time set aside for Unalaska's littlest swimmers and their families!

**Friday Splash** 

Every Friday throughout the school year, celebrate your "early out" at the Aquatics Center!

#### The Art of Batik

Batik is an ancient fine art medium that is fun even for those that might not consider themselves artists.

**Beginner Guitar Lessons** 

This class is designed for those who want to learn how to play acoustic guitar.

Unalaska's Got Talent: Auditions and City Wide Talent Show

Do you have a special talent? Can you sing, dance, act, play an instrument or perform? Showcase your talents at this year's city wide talent show.

#### **Exercise Ball Class**

Come get in a great workout for your core by attending our Exercise Ball Class.

#### **Fitness Center Orientations**

PCR encourages youth to utilize the department's fitness centers at both the Aquatics Center and Community Center.

#### **Homeschool Fitness**

This class is designed to give home schoolers a chance to learn about fitness concepts and the importance of a healthy lifestyle.

**Adult Basketball League** 

Contact Person: Nick Cron

**Youth Soccer League** 

Coordinator: Nick Cron

**Dodgeball** 

Come Duck, Dip, Dive, and Dodge over at the Community Center.

**Blood Pressure Checks** 

Keep tabs on your health by checking your blood pressure!

#### **Tot Time**

Come to the gym with your toddlers for some fun with other toddlers and parents.

#### **Afterschool Drop-In Program**

Head to the Community Center afterschool for organized games and fun!

#### **KinderCamp & After School Program**

Children can enjoy group games, arts and crafts, playtime and a wide variety of hands-on learning experiences.

#### **Bounce House**

Bring the whole family out to enjoy the inflatable filled gym.

#### **Family Movie Night**

Enjoy a night at the movies with your family.

### **Disaster Relief Training**

Sheltering Fundamentals, Sheltering Table Top Exercise, Psychological First Aid

#### **Master Catan**

Learn the basics of game play and some more advanced strategies.

#### **Teen Council**

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#### **Story Time**

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## January 2013

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			PCR Facilities CLOSED New Years Day	2	3	4
5 Bounce House	6 Fitness Center Orient. Youth Soccer Practices Begin Lifeguarding Course	7 Blood Pressure Check	8 Beginner Guitar Lifeguarding Course	9	10 Story Time Begins	11 Youth Soccer Games
	13 Stroke Clinic Lifeguarding Course	14 Head Start Story Time Begins Dodgeball Exercise Ball Class	15 Stroke Clinic Beginner Guitar Adult Basketball League Begins Lifeguarding Course	16 Exercise Ball Class	17 Talent Show Auditions	18 Youth Soccer Games
9	20 Stroke Clinic Homeschool Fitness Begins Annual Unalaska MLK Celebration	21 Dodgeball Exercise Ball Class	22 Stroke Clinic Beginner Guitar Lifeguarding Course	23 Sheltering Fundamentals Sheltering TT Exercise The Art of Batik Exercise Ball Class	24 Psychological First Aid Sheltering TT Exercise	25 Youth Soccer Games Family Movie Night
26	27 Stroke Clinic Master Catan Lifeguarding Course	28 Dodgeball Exercise Ball Class	29 Stroke Clinic Beginner Guitar Lifeguarding Course	30 The Art of Batik Exercise Ball Class	31 Talent Show	

#### Off Season JH / HS Stroke Clinic

Take this opportunity to further develop your strokes and endurance during the off season.

#### **Water Fitness**

Join Cindy as she takes you through a series of exercises that are designed to work up a sweat!

#### **Tot Time Swim**

We have a special time set aside for Unalaska's littlest swimmers and their families!

#### **Friday Splash**

Every Friday throughout the school year, celebrate your "early out" at the Aquatics Center!

### **Healthy Heart Month Promotion**

February is Healthy Heart Month! Stay active all month long, with our Aquatics Center specials.

### **Mother Son Swim**

Mother and sons of all ages are welcome to join the Aquatics Center in an active evening. Swimming,

#### **Metal Clay Jewelry**

If you have never heard of PMC you are not alone.

#### Introduction to Traditional Art- For: Kids, Youth, & Adults

Join us at the Community Center for a series of traditional art classes including drawing, oil pastels and watercolor that will incorporate still life, portraiture, and landscape projects.

#### **Latin Dance Class for Couples**

Come explore the Latin roots of dance.

#### **Exercise Ball Class**

Come get in a great workout for your core by attending our Exercise Ball Class.

#### **Fitness Center Orientations**

PCR encourages youth to utilize the department's fitness centers at both the Aquatics Center and Community Center.

#### **Homeschool Fitness**

This class is designed to give home schoolers a chance to learn about fitness concepts and the importance of a healthy lifestyle.

#### **Polar Bear Run**

The Polar Bear Run is the kickoff race for our 2014 race season.

#### **Adult Basketball League & Youth Soccer League**

Contact Person: Nick Cron

#### **Dodgeball**

Come Duck, Dip, Dive, and Dodge over at the Community Center.

#### **Blood Pressure Checks**

Keep tabs on your health by checking your blood pressure!

#### **Tot Time**

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## February 2013

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Youth Soccer Games Healthy Heart Month Promotion
	3 Stroke Clinic Master Catan Introduction to Traditional Art for Kids Fitness Center Orient.	4 Dodgeball Blood Pressure Check Metal Clay Jewelry Exercise Ball Class	5 Stroke Clinic Introduction to Traditional Art for Youth Beginner Guitar	6 The Art of Batik Metal Clay Jewelry Exercise Ball Class	7 Valentine Rose Essays Due Introduction to Traditional Art for Adults	8 Youth Soccer Games Healthy Heart Month Promotion
	10 Stroke Clinic Master Catan Introduction to Traditional Art for Kids	11 Dodgeball Metal Clay Jewelry Exercise Ball Class	12 Stroke Clinic Introduction to Traditional Art for Youth Beginner Guitar	13 The Art of Batik Metal Clay Jewelry Exercise Ball Class	14 Valentine Rose Essays Delivered Introduction to Traditional Art for Adults	15 Youth Soccer Games Healthy Heart Month Promotion
l6 Father Daughter Valentine's Dance Wother Son Swim	17 Stroke Clinic Master Catan Introduction to Traditional Art for Kids	18 Dodgeball Metal Clay Jewelry Exercise Ball Class	19 Stroke Clinic Comp. Youth Archery Introduction to Traditional Art for Youth	20 Young Chefs Metal Clay Jewelry Exercise Ball Class	21 Introduction to Traditional Art for Adults	22 Youth Soccer Games Healthy Heart Month Promotion
23 Polar Bear Run Latin Dance Class	24 Introduction to Traditional Art for Kids	25 Metal Clay Jewelry Exercise Ball Class	26 Comp. Youth Archery Introduction to Traditional Art for Youth	27 Young Chefs Metal Clay Jewelry Exercise Ball Class	28 Introduction to Traditional Art for Adults	

#### **Youth Swim League**

Prerequisite: Swim 25 yards front crawl with regular breathing and tread water

#### **Water Fitness**

Join Cindy as she takes you through a series of exercises that are designed to work up a sweat!

#### **Tot Time Swim**

We have a special time set aside for Unalaska's littlest swimmers and their families!

#### Friday Splash

Every Friday throughout the school year, celebrate your "early out" at the Aquatics Center!

#### **After School Art**

We have an art class designed just for you,  $4^{th} - 6^{th}$  graders. We will focus on a new medium each week and give you the opportunity to complete several art projects.

#### **Latin Dance Class for Couples**

Come explore the Latin roots of dance. Couples are encouraged to participate in dance classes that highlight some of Latin Americas most popular dances.

#### **Island Drum Masters**

For those with a little more experience in hand drumming or those just getting started, this class is for you.

#### **Fitness Center Orientations**

PCR encourages youth to utilize the department's fitness centers at both the Aquatics Center and Community Center.

### <u>Zumba</u>

If you are looking for a fun way to get an aerobic workout, come and join us for Zumba!

### **Adult Soccer League**

Contact Person: Nick Cron

**Blood Pressure Checks** 

Keep tabs on your health by checking your blood pressure!

#### **Tot Time**

Come to the gym with your toddlers for some fun with other toddlers and parents.

#### **Afterschool Drop-In Program**

Head to the Community Center afterschool for organized games and fun!

#### KinderCamp & After School Program

Children can enjoy group games, arts and crafts, playtime and a wide variety of hands-on learning experiences.

#### **Day Camps**

Children can join the PCR for a day camp during UCSD closures for games, fieldtrips, arts and crafts, sports, and more.

#### **Young Chefs- Cooking for Kids**

A cooking class designed for children to learn the basics of cooking in a safe environment that encourages discovery and creativity.

#### **Toddler Pottery**

Little ones learn through touch. Nurture your tot's natural curiosity by participating with him or her in a night of Toddler Pottery.

### **Discover Photography**

This class will help you deepen your knowledge of photography.

#### **Competitive Youth Archery**

In this class we will learn the basics of archery and move quickly to advanced form and accuracy instruction.

#### **Head Start Story Time**

Join the Unalaska Head Start program on Tuesdays each week for a special story time. We will read stories about a specific theme.

#### **Story Time**

Stop by the library to guess how many hearts are in the jar! Winners will be announced on Valentines Day!

#### **Dr. Seuss Birthday Party**

It's a Party! Join the Library staff to celebrate Dr. Seuss's 110<sup>th</sup> Birthday.



## March 2013

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Sunday	Sunday Monday		Monday Tuesday Wednesday		Thursday Friday		Saturday	
					=	1 Youth Soccer Final Games and Awards		
2 <b>Dr. Seuss Birthday Party</b> Latin Dance Class	3 Fitness Center Orient. Introduction to Traditional Art for Kids Youth Swim League Begins Zumba Class Begins	4 After School Art Blood Pressure Check Toddler Pottery	5 Comp. Youth Archery Introduction to Traditional Art for Youth	6 Young Chefs Toddler Pottery Island Drum Masters Discover Photography	7 Introduction to Traditional Art for Adults	8		
9 Latin Dance Class	10 Introduction to Traditional Art for Kids  Day Camp	After School Art Toddler Pottery	Comp. Youth Archery Introduction to Traditional Art for Youth	13 Young Chefs Toddler Pottery Island Drum Masters Discover Photography	14 Introduction to Traditional Art for Adults	15		
16 Latin Dance Class	17	18 After School Art Toddler Pottery	19 Comp. Youth Archery	20 Young Chefs Toddler Pottery Island Drum Masters Discover Photography	21	22 Mini Meet Adult Basketball League Tournament		
23 Latin Dance Class	24	25 After School Art Toddler Pottery	26 Comp. Youth Archery	Young Chefs Adult Soccer League Begins Toddler Pottery Island Drum Masters Discover Photography	28	29 Swim Meet Comp. Youth Archery Tournament		
30 Latin Dance Class	31							

#### **Youth Swim League**

Prerequisite: Swim 25 yards front crawl with regular breathing and tread water

#### **Water Fitness**

Join Cindy as she takes you through a series of exercises that are designed to work up a sweat!

#### **Tot Time Swim**

We have a special time set aside for Unalaska's littlest swimmers and their families!

#### **Friday Splash**

Every Friday throughout the school year, celebrate your "early out" at the Aquatics Center!

#### **Multicultural Art for Kids**

Come and explore the roots, rhythms, designs and traditions found in the art and artifacts from the far corners of the earth.

#### **Latin Dance Class for Couples**

Come explore the Latin roots of dance. Couples are encouraged to participate in dance classes that highlight some of Latin Americas most popular dances.

#### **Island Drum Masters**

For those with a little more experience in hand drumming or those just getting started, this class is for you.

#### Missoula Children's Theater

Missoula Children's Theatre (MCT) strives to reach out to youth from all backgrounds and communities in an effort to develop life skills through the participation in performing arts.

#### **Fitness Center Orientations**

PCR encourages youth to utilize the department's fitness centers at both the Aquatics Center and Community Center.

#### Zumba

If you are looking for a fun way to get an aerobic workout, come and join us for Zumba!

### Adult Soccer League

Contact Person: Nick Cron Hershey Track and Field

### **Coordinator:** Nick Cron **Youth Wrestling Clinic**

Learn a new skill or build on what you already know. Girls are encouraged to participate.

#### **NYO for Kids**

All kids between Kindergarten and 5<sup>th</sup> Grade are welcome to sign up for our Native Youth Olympics (NYO) Clinic.

### **Blood Pressure Checks**

Keep tabs on your health by checking your blood pressure!

#### **Tot Time**

Come to the gym with your toddlers for some fun with other toddlers and parents.

#### Afterschool Drop-In Program

Head to the Community Center afterschool for organized games and fun!

#### **KinderCamp & After School Program**

Children can enjoy group games, arts and crafts, playtime and a wide variety of hands-on learning experiences.

#### **Parent and Child Gooey Art**

Sign up now to take advantage of this opportunity to spend quality time with your child.

#### **Adult Archery**

Adults, here is your chance to participate in an archery class. Archers of all skill levels are welcome.

#### **Youth Photography**

This class will help 4<sup>th</sup> – 6<sup>th</sup> graders learn the art of photography.

#### **Egg Hunt**

Here comes Peter Cotton Tail, hoppin' down the Bering Sea Trail. That's right ol' Peter Cotton Tail has hopped the whole way to Unalaska just to bring treats that will bring a smile to your child's face.

#### **Garage Sale**

Got lots of stuff you would like to clean out of the house? Plan to participate in our Spring Garage Sale!

#### **Appreciation Banquet**

Join us as we throw a banquet to say thank you to the community and all the amazing volunteers that help make what we do at the PCR possible!

#### **Head Start Story Time**

Join the Unalaska Head Start program on Tuesdays each week for a special story time. We will read stories about a specific theme.

#### **Story Time**

Stop by the library to guess how many hearts are in the jar! Winners will be announced on Valentines Day!

#### Name

Stop by the library to guess how many Easter candy eggs are in the jar!

#### **Scrabble Tournament**

Come test your vocabulary skills and join us for the 4<sup>th</sup> Annual Unalaska Public Library Scrabble Tournament.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
		1 Parent Child Gooey Art	2	3 Multicultural Art Parent Child Gooey Art Island Drum Masters	4	5 Swim Meet			
6 Latin Dance Class	7 Fitness Center Orient. Youth Photography	8 Blood Pressure Check Parent Child Gooey Art Adult Archery	9	10 Day Camp Multicultural Art Parent Child Gooey Art Island Drum Masters	11 Day Camp	12 Swim Meet Scrabble Tournament			
13 Latin Dance Class	14 Hershey Track and Field Practices Start Youth Photography	15 Parent Child Gooey Art Adult Archery	16	17 Multicultural Art Parent Child Gooey Art Island Drum Masters	18	19 Swim Meet Egg Hunt			
20 Latin Dance Class	21 Youth Photography	Parent Child Gooey Art Adult Archery	23	Multicultural Art Parent Child Gooey Art Island Drum Masters	25 Appreciation Banquet	26 Garage Sale			
27 Latin Dance Class	28 Youth Photography Missoula Children's Theater Auditions Youth Wrestling Clinic	29 NYO For Kids Adult Archery	30 Youth Wrestling Clinic						

#### **Water Fitness**

Join Cindy as she takes you through a series of exercises that are designed to work up a sweat!

#### **Tot Time Swim**

We have a special time set aside for Unalaska's littlest swimmers and their families!

#### **Friday Splash**

Every Friday throughout the school year, celebrate your "early out" at the Aquatics Center!

### Cinco de Mayo Celebration

Come celebrate Cinco de Mayo this year with the PCR!

#### Missoula Children's Theater

MCT Show, Saturday-May 3, 4:00 p.m. & 6:30 p.m.

#### Fitness Center Orientations (PG. 9)

PCR encourages youth to utilize the department's fitness centers at both the Aquatics Center and Community Center.

#### Zumba

If you are looking for a fun way to get an aerobic workout, come and join us for Zumba!

#### **Adult Soccer League**

Contact Person: Nick Cron Hershey Track and Field Coordinator: Nick Cron

Youth Wrestling Clinic

Learn a new skill or build on what you already know. Girls are encouraged to participate.

#### **NYO for Kids**

All kids between Kindergarten and 5<sup>th</sup> Grade are welcome to sign up for our Native Youth Olympics (NYO) Clinic.

#### **Blood Pressure Checks**

Keep tabs on your health by checking your blood pressure!

#### **Tot Time**

Come to the gym with your toddlers for some fun with other toddlers and parents.

#### **Afterschool Drop-In Program**

Head to the Community Center afterschool for organized games and fun!

#### **KinderCamp & After School Program**

Children can enjoy group games, arts and crafts, playtime and a wide variety of hands-on learning experiences.

#### **Bounce House**

Bring the whole family out to enjoy the inflatable filled gym.

#### **Basket Weaving**

A simple and beautiful craft.

#### **Big Spring Campout**

Join PCR staff at Kelty field to campout with the entire community and sleep under the stars.

#### **Community Clean-Up**

We live in a beautiful place but winters are hard and lots of trash accumulates on the sides of our roads and beaches. Here is your chance to take part in cleaning up some of this trash!

#### **Head Start Story Time**

Join the Unalaska Head Start program on Tuesdays each week for a special story time.

#### **Story Time**

Stop by the library to guess how many hearts are in the jar!



## www.ci.unalaska.ak.us/parksrec - **Like us on Facebook**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				1 Multicultural Art NYO For Kids	2 Youth Wrestling Clinic	3 Missoula Children's Theater Shows		
				9		Community Clean Up Begins		
inco de Mayo Celebration	5 Fitness Center Orient. Youth Wrestling Clinic	6 NYO For Kids Blood pressure Check Basket Weaving	7 Youth Wrestling Clinic	8 NYO For Kids Basket Weaving	9 Youth Wrestling Clinic	10		
1 Jounce House	12 Youth Wrestling Clinic	13 NYO For Kids Basket Weaving	14 Hershey Track and Field Final Meet Youth Wrestling Clinic	15 NYO For Kids Basket Weaving	16 Youth Wrestling Clinic	17		
8	19	20	21	22	23	24		
Community Clean Up Ends	Youth Wrestling Clinic	NYO For Kids Basket Weaving	Youth Wrestling Clinic	NYO For Kids Basket Weaving	Youth Wrestling Clinic	Big Spring Campout		
5	PCR Facilities CLOSED	27	28	29	30	31 Adult Soccer League Tournament		
	Memorial Day							

## Registration Form

### Form also available online at: www.ci.unalaska.ak.us/parksrec

Complete form in full.

Check class, fees, and totals. Incomplete registrations cannot be processed — <u>full payment</u> must accompany registration.

Make your check payable to the **City of Unalaska PCR**.

A \$25.00 fee will be charged for all returned checks

There is a \$10.00 late fee if registration is not received seven days before the session starts. PCR is not responsible for lost, late, or misdirected mail.

Register as early as possible. Some programs fill up quickly and registration may be cut-off before the program start.

Registration is for the program, not attendance — no make-ups, refunds or credits for missed classes.

No registrations can be approved / taken by an instructor or coach.

Programs may be cancelled due to insufficient registration, school closings, or inclement weather. Call (907) 581 - 1297 or check PCR Facebook page program changes.

Wait lists are taken for full classes. You will ONLY be contacted if a spot becomes available.

## MARK YOUR CALENDAR. <u>NO</u> CONFIRMATION OR REMINDERS ARE GUARANTEED.

You are only notified if there is a problem processing your registration or if there are changes with a class.

### MAIL IN / DROP OFF REGISTRATION City of Unalaska PCR Post Office Box 610

Unalaska, Alaska 99685

Registration may also be dropped off at the Community Center and receipt will be e-mailed once processed.

#### **THINGS TO KNOW**

It may take up to 2 weeks for your check to be processed after the program start — make a note in your check register.

PCR reserves the right to take pictures at all events and programs. Pictures may be displayed in future publications. Please submit a written request to not take or use photos of your child

#### **ATTENTION PARENTS**

PCR instructors or staff are not responsible for your child prior to or after class time.

#### **AGE POLICY**

Program participants must be the advertised age for a program before the program begins.

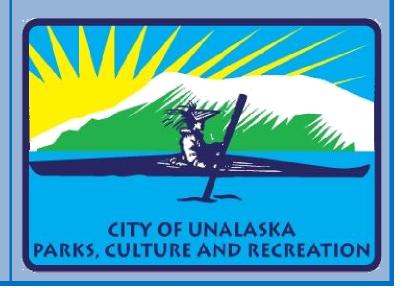
PCR has a disciplinary policy for recreation programs facilities. In the event the participant is asked to leave a program / facility, no refund will be issued.

#### **SCHOLARSHIPS**

Scholarships are available for anyone who qualifies. For more information, please contact the Recreation Manager. Please note no child will be turned away from a PCR program due to the inability to pay.

#### **REFUND POLICY**

No refunds or credit will be given less than five days prior to the class start or after a program has begun. If Insufficient registration causes a program to be cancelled, participants will receive a refund or credit in the mail within one month of the program cancellation.



PARENT / GUARDIAN									Н	ОМЕ						
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OPTIONS	Gift Ce	ert Credit I	.tr. \$										EX			
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City of Unalaska
Department of Parks, Culture and Recreation
Post Office Box 610
Unalaska, Alaska 99685-0610
http://www.ci.unalaska.ak.us/parksrec

Aquatics Center (907) 581 - 1649 / Community Center (907) 581 – 1297 and (907) 581 – 2989 (Fax) / Library (907) 581 - 5060



For a listing of other community activities, events, and programs, please visit the Unalaska Community Broadcast web page at www.kucb.org.